

22. Athletics

1. The meeting shall be held under the auspices of Athletics Victoria. The rules shall be those of Athletics Victoria, except where stated below.
2. Aggregate Awards
 - 2.1 The Old Collegians' Shield shall be presented to the Division One College scoring highest aggregate points and shall be held by the College until the next Carnival.
 - 2.2 The Division Two Cup shall be presented to the Division Two College scoring highest aggregate points and shall be held by the College until the next Carnival.
3. Senior Cups for Division One and Two shall be presented to Colleges scoring highest points for their respective division in Open, Senior and Under 17 events.
4. Intermediate Cups for Division One and Two shall be presented to the Colleges scoring highest points for their respective Division in Under 16 and 15 events.
5. Junior Cups for Division One and Two shall be presented to the Colleges scoring highest points for their respective Division in Under 14 and 13 events.
6. Entries shall be with the Executive Officer at a date to be determined by the Committee.
7. EVENTS
 - 7.1 Each College may enter one competitor in all events. As Colleges will be competing in separate Divisions there is no need for heats and all events shall be finals.
 - 7.2 Events shall be:
 - Under 13: 100m, 200m, 400m, 800m, 1500m, Long Jump, High Jump, 4 x 100m Relay, 80m Hurdles, Shot Put, Triple Jump, Discus.
 - Under 14: 100m, 200m, 400m, 800m, 1500m, Long Jump, High Jump, 4 x 100m Relay, 90m Hurdles, Shot Put, Triple Jump, Discus.
 - Under 15: 100m, 200m, 400m, 800m, 1500m, Long Jump, High Jump, 4 x 100m Relay, 100m Hurdles Shot Put, Triple Jump, Discus.
 - Under 16: 100m, 200m, 400m, 800m, 1500m, Long Jump, High Jump, 4 x 100m Relay, 100m Hurdles, Shot Put, Triple Jump, Discus.
 - Under 17: 100m, 200m, 400m, 800m, 1500m, Long Jump, High Jump, 4 x 100m Relay, 110m Hurdles, Shot Put, Discus, Triple Jump.
 - Senior: 100m, 200m, 400m, 800m, 1500m, Long Jump, High Jump, 4 x 100m Relay, 110m Hurdles, Shot Put, Discus, Triple Jump.
 - OPEN: 3000m, 4 x 400m Relay.
 - 7.3 Separate events will be held for Division One and Two Colleges, except for 800m and 1500m events for all age groups, as well as the 3000m open event.
 - 7.4 In order to fit all the track events into one day, races for the 800m and 1500m events for all age groups and the 3000m open race will have Colleges from both Division One and Two racing together. Competing athletes from Division Two schools will wear identifying clothing to show athletes and spectators who their College is competing against. Aggregate points scored for these races will be based on rankings in each Division. E.G. A Division Two runner who finishes 4th overall but is the

highest ranking Division Two runner will receive maximum points in Division Two for this race.

8. SCORING

8.1 Points for all events shall be:

1st	7
2nd	5
3rd	4
4th	3
5th	2
6th	1

8.2. In the event of an entrant being disqualified, he shall record points relative to the final placing of that event. If more than one entrant is disqualified from an event, the remaining points for that event shall be shared. (19/4/04)

9. No person connected with the coaching and/or training of any competitor shall be permitted to judge any event in which that competitor takes part. No competitor or any school pupil shall be permitted to act as a Field or Track Official.
10. Officials and competitors only are allowed on the arena during the progress of the Carnival. Officials, while on arena, must not coach or advise competitors.
11. Coaches or staff members that assist competitors on the arena during the progress of the Carnival risk having their athlete disqualified. This includes assistance in marking out relay changeovers.

By-Laws

1. On the day of the Carnival alterations may be made to the names of Competitors appearing in the printed program provided that the Event Manager (or other official appointed for the purpose) is notified, in writing, prior to the event.
2. HIGH JUMP
- 2.1 High Jump starting heights shall be as follows:
- | | |
|----------|-------|
| Senior | 1.50m |
| Under 17 | 1.45m |
| Under 16 | 1.40m |
| Under 15 | 1.35m |
| Under 14 | 1.25m |
| Under 13 | 1.20m |
- 2.2 In all High Jump events the first three rises shall be five centimetres each.
- 2.3 All remaining rises shall be at the Judge's discretion.
- 3 In Long Jump, Triple Jump and Shot Put events, each competitor shall have **four** attempts to record their best distance with at least one warm up jump / throw. In Discus events, each competitor shall have **three** attempts to record their best distance with at least one warm up throw. (8/6/18)

- 4 Shot Puts shall be supplied by Athletics Victoria with weights as follows:-
 Senior & Under 17: 5 kg
 Under 16 & 15: 4 kg
 Under 14 & 13 3 kg

- 5 Discus shall be supplied by Athletics Victoria with weights as follows :
 Senior & Under 17 1.5 kg
 Under 13, 14, 15 & 16 1.0kg (2/9/11)

- 6 Hurdles specifications shall be as follows:

ACC Age	Colour Mark	Dist.	No & Hurdle Ht	Dist to First Hurdle	Dist. b/t Hurdles	Dist. to End
U/13	black	80m	9 x 76.2cm	12m	7m	12m
U/14	white	90m	9 x 76.2cm	13m	8m	13m
U/15 / 16	yellow	100m	10 x 84cm	13m	8.5m	10.5m
U/17 / Senior	red	110m	10 x 91.4cm	13.72m	9.14m	14m

- 7 Competitors' spikes may not be longer than 6mm Triangular Blunt Element or 5mm Needle.
- 8 Lanes for all track events will be randomly allocated.
- 9 Each College shall provide three competent adults to act as Officials in capacities to be determined by the Executive Officer. These persons are not to be required to act as Coaches, Team Managers etc., in any way with any College during the running of the Carnival.
- 10 If the Athletics Carnival, by decision of the President on the advice of two other ACC Principals, is halted while in progress due to excessively inclement weather, the program will be completed on an agreed future date. If the Referee determines that an individual event or individual events not be held, this will not prevent the conclusion of the Carnival on that day.